

July 2011

Hi Lites of Lutheran Manor





Mark Your Calendar

Welcome New Residents

605 - Margaret Aponte
717 - Irene Baker

July 2 (Saturday)	Coffee & Donuts	8 a.m.	Lounge
July 2 (Saturday)	Pinochle Party	12:30 p.m.	Lounge
July 4 (Monday)	Office Closed		
July 4 (Monday)	July 4th Picnic	1 p.m.	Lounge
July 6 (Wednesday)	Speaker "Foreign Policy"	2 p.m.	Lounge
July 8 (Friday)	Therapy Dog visit	11 a.m.	Lounge
July 8 (Friday)	Food Box Delivery	11:30 a.m.	Patio
July 8 (Friday)	Evening Movie	7 p.m.	Lounge
July 12 (Tuesday)	Speaker "MRI's"	1:30 p.m.	Lounge
July 15 (Friday)	Sing-a-long	2 p.m.	Lounge
July 16 (Saturday)	Concert	6 p.m.	Lounge
July 17 (Sunday)	Concert	6 p.m.	Lounge
July 18 (Monday)	Therapy Dog visit	2:30 p.m.	Lounge
July 19 (Tuesday)	Speaker "Vaccines"	2 p.m.	Lounge
July 20 (Wednesday)	Book Club	2 p.m.	Patio
July 27 (Wednesday)	Speaker "Veteran Benefits"	2 p.m.	Lounge
July 29 (Friday)	Speaker "Talk with Doctors"	10:30 a.m.	Lounge
July 30 (Saturday)	Concert	6 p.m.	Lounge
Exercise	Every Monday & Wednesday	10 a.m.	Lounge
Bible Study	Every Monday	1 p.m.	Patio
Bingo	Every Monday	6 p.m.	Lounge
Woodcarving	Every Thursday	8 a.m.	Shed
Life Biography	Every Thursday	10 a.m.	Patio
Yoga	Every Friday	1 p.m.	Patio

Looking Ahead...

August

Saturday 8/6	Coffee & Donuts	8 a.m.
Saturday 8/6	Pinochle Party	12:30 p.m.
Tuesday 8/9	Health & Information Fair	10 a.m.
Sunday 8/14	Pizza Party Song Styles w/Cindy	5 p.m.

The Lutheran Manor Book Club will meet in the patio at 2 p.m. on Wednesday, July 20. We will be reporting on the book we chose to start our summer reading.

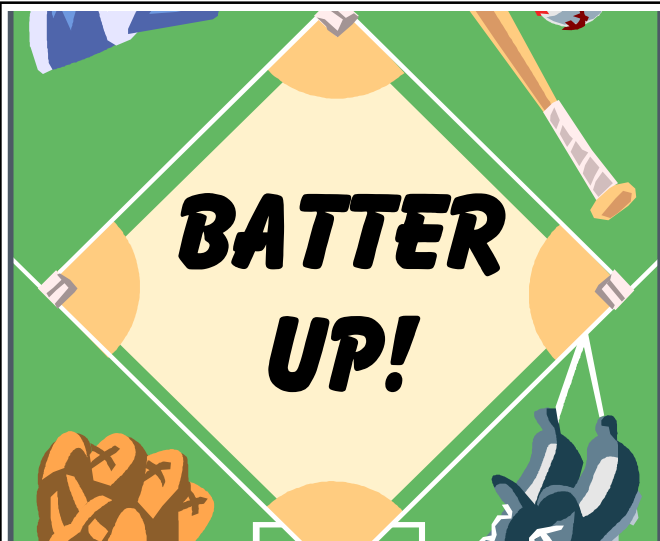


Computer Lab

Learn all about using the computer, have all your questions answered.

Nancy will be teaching computer class on

Tues., July 5 & 19, 6:30 to 8:30 p.m.
Please sign up in Miki's office.



Join us for some Baseball! We will be going to see the Iron Pigs on the dates below. If you would like to attend, please see Don, Apt. #106. Cost per game is \$9 per person.

Friday, July 15
Friday, August 12

Coffee & Donuts

Saturday, July 2
8 to 10 a.m.

\$1.75 coffee & donut
.75 additional donut
Friends and Family
Welcome



Reminder...

The general meeting, committee meeting, candy/snack table, and soup and hot dog luncheons will be taking a break in July and August. They will all return in September. Bingo on Monday nights will continue throughout the summer.

In the Good Ol' Summertime Concerts

Sun., July 16 - **Jack & Friends**

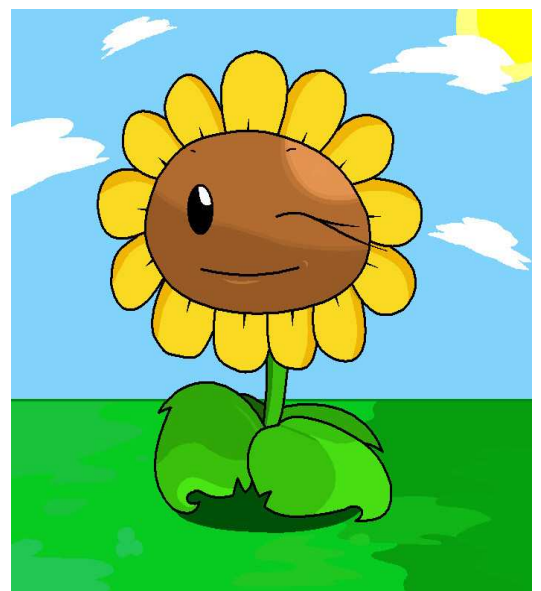
Sun., July 17 - **Majestics**

Sun., July 30 - **Bill Murray**

6 to 8 p.m.

Light Refreshments
Good Will Offering
50/50 Drawing

Friends and family welcome



Miki's



Corner

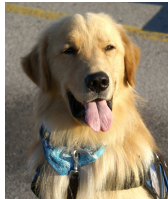
Osama Bin Laden & American Foreign Policy

Weds., July 6, 2 p.m.

After almost a decade of engagement in Afghanistan, Iraq, and other parts of the world, the hunt for bin Laden is over. This death calls for a reassessment of American foreign policy, particularly in the Middle East. Dr. Andrew Essig, Associate Professor of Political Science at DeSales University, will look at the impact of bin Laden's death and where American grand strategy may be headed as well as the nature of relations with our allies in the war on terror.



Therapy Dog Visits



Fri., July 8, 11 a.m.
Mon., July 18, 2:30 p.m.

Chief will be back with us again on Friday, July 8. If you enjoy playing with a large dog, make sure you come visit Chief, a beautiful golden retriever, owned by Howard Moscovitz. If you prefer a small lap dog, then come down on Monday, July 18 and meet Miz Daisy, a Maltese mix, owned by Alice Romberger of LV Therapy Dogs.

MRI's - Should I be Scared?

Tues., July 12, 1:30 p.m.

Jane McManus, of Lehigh Valley Imaging Center, will be here to tell us everything we need to know about having an MRI. Be informed so you know what to expect.

Summer Sing-a-Long

Fri., July 15, 2 p.m.



Get into the spirit of summer with a fun-filled sing-a-long. Join us as we usher in the warm days of summer with some fun, hand-clapping songs.

Vaccines - What should I Get?

Tues., July 19, 2 p.m.

There are many types of vaccines available. A representative from CVS Pharmacy will tell us what vaccines are available, what diseases they prevent, and who should get each kind.

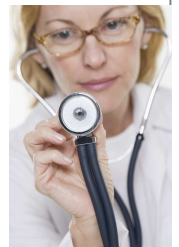
Veterans Benefits

Weds., July 27, 2 p.m.

Did you know that as a veteran or the spouse of a veteran you are eligible for various benefits? Learn more about what you may be able to receive from home health care to long term care with Vi Wagner of the Lehigh County Veterans Affairs office.

Talking With Your Doctor

Fri., July 29, 10:30 a.m.



Dr. Jenni Levy, Medical Director of St. Luke's Hospice, will be here to tell us how to get more information from our visits with our doctors. Learn what questions to ask, if you should bring someone with you, and more.

**O LORD,
OUR LORD,**



**how majestic
is your name in
all the earth!**

Elizabeth Barrett Browning writes... "Earth's crammed with heaven and every common bush afire with God; and only he who sees takes off his shoes? The rest sit around and pluck blackberries."

More often than I'd like to admit. It's so easy to become distracted and become weary along the way. Maybe some of us are so focused on what's in front of us that we miss what's all around us.

The writer of Psalm 8 was a person whose eyes and mind were opened to the presence and holiness of God in both the common and the uncommon.

*When I look at your heavens,
The work of your fingers,
The moon and stars that you have ordained,
Fragile humans that you care for us? (Psalm 8)*

We need not look far or long to realize that we are blessed beyond imagination and loved deeply by God. All we have to do is stop being so busy being busy, open our eyes and see the image of God graciously and generously reflected all around us. When we do, we may be surprised to see God in the common and ordinary moments of our lives.

May you be blessed with many "holy moments" this Summer. ---Chaplain Clark

WORSHIP FOR JULY 2011-2pm in the Lounge

Tuesday, July 5 Father Pat Lamb Notre Dame RC Church

Thurs., July 14 Rev. Clark Kuntz, Chaplain

Thurs., July 21 Rev. Richard Mauthe, St. Matthew Lutheran Church

Thurs., July 28 Pastor Wally Frisch, Jordan UCC, Orefield

BIBLE STUDY- MONDAYS from 1-2pm in the Patio. We are studying the Gospel of Luke. You are ALWAYS welcome!!

LIFE BIO (Lite!)- This summer we meet Thursdays at 10am (or anytime you get there!) in the patio to reminisce. Come join us for laughs, fun and wonderful memories!!



CHURCH CHUCKLES-A minister waited in line to have his car filled with gas just before a long holiday weekend. The attendant worked quickly, but there were many cars ahead of him in front of the service station. Finally, the attendant motioned him toward a vacant pump. "Preacher," said the young man, "I'm sorry about the delay. It seems as if everyone waits until the last minute to get ready for a long trip." The minister chuckled, "I know what you mean. It's the same in my business."

hope you didn't take it personally, preacher," an embarrassed woman said after a church service, "when my husband walked out during your sermon." "I did find it rather disconcerting," the Pastor replied. "It wasn't out of any disrespect to you," insisted the church-goer. "Fred has been walking in his sleep ever since he was a child."



REMAINDER

JULY 4TH PICNIC

Monday, July 4
Doors open at Noon
Buffet at 1 p.m.
Entertainment by
Gary Kratzer
at 2 p.m.



MOVIE NIGHT

Friday, July 8th, 7 p.m.

“Monster-in-Law”

Join Jane Fonda and Jennifer Lopez in this comedy about a bride-to-be and her overbearing soon-to-be mother-in-law. War erupts over who will be top woman in the groom's life, the bride or his mother. See who pulls out all the stops and who will win!

Note from the Property Manager...

FOUR FUN FACTS: 1. We had over 100 residents attend our summer picnic - a record breaking amount for an outside event at LM. 2. More desserts next time! 3. WE ALL HAD A BLAST! 4. LM staff can move a party for 100 in 15 minutes flat!! 😊

The summer picnic was a hit! We didn't let the rain stop the party, we just moved the party inside! Thank you for spending the day with us, it was truly a good time! Don and the Men's Group provided great music and LM put out some tasty food. A special thanks to all the staff and volunteers that made the picnic happen - couldn't have done it without you!!

July is a very busy month, so bear with us. The hallways are being painted, carpet is being shampooed, ceiling tiles replaced and floors being waxed...We are preparing for the HUD inspection with a FULL throttle. Remember the HUD inspection is **Wednesday, July 27th.** The building is going to look better than ever!!

** Your apartment could be randomly picked to be inspected so keep the emergency cords untied and the coffee on, we could be knocking on YOUR door! 😊*

Courtney Donohue
Property Manager

Van Trips to Notice...



Aug. 8 - Old Jail Museum Tour - Wander the old jail, through cell 17 with the mysterious handprint, under the gallows where the Molly Maquires were hanged and down into the dungeon. Cost is \$5.

Aug. 13 - Goshenhoppen Folk Festival - Step back in time at this quaint folk festival in Perkiomenville where PA German folk culture is kept alive. \$10 per person.

Aug. 31 - Great Allentown Fair - Free admission day. Join us for some down home fun at the fair.

HEALTH AND INFORMATION FAIR

**TUESDAY, AUGUST 9
10 A.M. TO 2 P.M.**

Join us for our first Health and Information Fair exclusively for you, our residents. We will have vendors from various health care agencies here to provide information, free screenings and more.

Hot dogs and soda will be sold from
Noon to 1:30 p.m.

We will have a free raffle with prizes donated by the participating vendors.

Van Trips



August 2011

DATE	TRIP	TIME
Aug. 2 (Tuesday)	Steel Stacks Farm Market	2:30 p.m. ____
Aug. 3 (Wednesday)	Banks; CVS; \$\$ Store; PO	9:30 a.m. ____
Aug. 4 (Thursday)	Valley Farms	9:30 a.m. ____
Aug. 5 (Friday)	Kings	9:30 a.m. ____
Aug. 7 (Sunday)	Carraba's	3:00 p.m. ____
Aug. 8 (Monday)	Breakfast/Jim Thorpe Old Jail Museum	9:00 a.m. ____
Aug.10(Wednesday)	Leesport Flea Market	8:30 a.m. ____
Aug.12(Friday)	Iron Pigs Baseball	6:00 p.m. ____
Aug.13(Saturday)	Goshenhoppen Folk Festival	9:00 a.m. ____
Aug.15(Monday)	Giant	9:30 a.m. ____
Aug.16(Tuesday)	Lunch/Senior Bingo	10:45 a.m. ____
Aug.17(Wednesday)	The Crossings, Tannersville	9:00 a.m. ____
Aug.18(Thursday)	Red Lobster	11:00 a.m. ____
Aug.20(Saturday)	Allentown Farm Market	9:30 a.m. ____
Aug.21(Sunday)	Rose Garden Concert	7:00 p.m. ____
Aug.22(Monday)	Lunch/Movies	11:00 a.m. ____
Aug.24(Wednesday)	Reading Outlets/Lunch	9:30 a.m. ____
Aug.26(Friday)	Longhorn Steakhouse	11:00 a.m. ____
Aug.30(Tuesday)	Breakfast/Walmart	8:30 a.m. ____
Aug.31(Wednesday)	Allentown Fair	11:00 a.m. ____

Reservation forms may be obtained from and returned to Cathy from 9:00 a.m. to 1:00 p.m. in the main office on the first working day of the month. Afterward, sign up in Miki's office.



JULY 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
					11:00 Therapy Dog 11:30 Food box Delivery 1:00 Yoga 7:00 Movie	8:00 Coffee & Donuts 12:30 Pinochle Party
3	4	5	6	7	8	9
	Office Closed 1:00 July 4th Picnic	11:00 Schwanns 2:00 Notre Dame Catholic Church 6:30 Computers	10:00 Exercise 2:00 Speaker Foreign Policy 6:30 Poker League	10:00 Life Bio 6:00 Blood Pressure		
10	11	12	13	14	15	16
	10:00 Exercise 1:00 Bible Study 6:00 Bingo	1:30 Speaker MRI's	10:00 Exercise 6:30 Poker League	10:00 Life Bio 2:00 Chaplain Rev Kuntz	1:00 Yoga 2:00 Singalong	6:00 Concert
17	18	19	20	21	22	23
6:00 Concert	10:00 Exercise 1:00 Bible Study 2:30 Therapy Dog 6:00 Bingo	11:00 Schwanns 2:00 Speaker Vaccines 6:30 Computers	10:00 Exercise 2:00 Book Club 6:30 Poker League	10:00 Life Bio 2:00 St. Matthew Rev. Mauthé	1:00 Yoga	
24	25	26	27	28	29	30
	10:00 Exercise 1:00 Bible Study 6:00 Bingo	10:00 Exercise 2:00 Speaker Veterans 6:30 Poker League	27 Inspection 10:00 Exercise 2:00 Speaker Veterans 6:30 Poker League	10:00 Life Bio 2:00 Jordan UCC Rev. Frisch	10:30 Speaker Doctors 1:00 Yoga	6:00 Concert
31						

August 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			